

ii-V-I Pattern #3

Direction

Practice 6 days a week with 4 keys per day

- Day 1: C, Eb, Gb, and A
- Day 2: Db, E, G, and Bb
- Day 3: D, F, Ab, and B
- Day 4: same as day 1
- Day 5: same as day 2
- Day 6: same as day 3
- Day 7: take a break

Do it for 2-3 weeks

Start with backbeat at 36 bpm then increase by 12 bpm everytime you complete the cycle

Make sure to have good fingerings, so you can play it with backbeat at 120

Swing $\text{♩} = 36 \text{ to } 120$

Dm⁹ G⁷alt. Cmaj⁹